

# MARYLAND PT

Official publication of APTA Maryland

## APTA MARYLAND IS SEEKING LEADERS TO GUIDE THE FUTURE OF THE ASSOCIATION

PRESIDENT ELECT

TREASURER

DIR. EDUCATION

DIR. GOVERNMENT RELATIONS

DIR. REIMBURSEMENT

CHIEF DELEGATE

ALT. DELEGATES (2-3)

PTA CAUCUS REP

ALT. PTA CAUCUS REP

NOMINATING COMMITTEE

AWARDS COMMITTEE



YOUR VOICE CAN...  
**BE THE CHANGE**  
**INSPIRE**  
**EMPOWER**

Learn more at <https://www.aptamd.org/elections-and-nominations/>

## NEWSLETTER HIGHLIGHTS

---

MESSAGE FROM THE PRESIDENT

---

MEET OUR PARTNERS  
PERLA AND PCI HIPPA

---

CHECK OUT CAREER  
OPPORTUNITIES THROUGH OUR  
JOB BOARD

---

APTA MARYLAND AND DC  
REGIONAL ANNUAL CONFERENCE  
IS OCTOBER 22ND. EARN UP TO  
FOURTEEN CREDIT HOURS.

---

DIVERSITY EQUITY INCLUSION -  
OPPORTUNITIES TO MAKE AND  
IMPACT

---

HOUSE OF DELGATES HIGHLIGHTS

---

NEW ADVOCACY AWARD  
HONORING CAROL ZEHNACKER  
PT, DPT

---



# Meet our Partners



Perla helps you connect with trusted healthcare lawyers, bankers, practice manager consultants and accountants.

We only approve a small percentage of advisors for the Perla Network and each advisor specializes in supporting and working with healthcare businesses.

**APTAMD members can access the Perla Network of trusted healthcare advisors for free.**



## COMPLIANCE AND SECURITY FOR HEALTHCARE PROVIDERS

Every minute spent on HIPAA compliance for healthcare providers and administration is a minute lost with patients. With increasing malware attacks on doctors, cyber security has never been more important to for healthcare providers and practices. That is why we offer a full service HIPAA, OSHA, and PCI compliance and security program – giving you peace of mind and more time to focus on what really matters... your patients.

**In the coming weeks, APTAMD members can access free courses and CE programs covering topics like Infection Control, HIPAA Compliance, and Cybersecurity; as well as free compliance tools.**

Learn more at <https://www.aptamd.org/aptamd-partners/>

## APTA Maryland Board of Directors

**President - JD Sheppard**

**Past President - Kevin Platt**

**Vic President - Roy Film**

**Secretary - Monique Caruth**

**Treasurer - Melissa Reinhardt**

**Director for Education - Gretchen Michaels**

**Director for Practice - Mike Zarro**

**Director for Reimbursement - Krista Frederic**

**Central District Chair - Mike Ukoha**

**Eastern District Chair - Rick Peret**

**Southern District Chair - Ryan Lynch**

**Western District Chair - Carolyn Dockins**

**Chief Delegate - Linda Horn**

**PTA Caucus Representative - Kelly Yeager**

**Open Positions on APTA Maryland Board of Directors**

**Director for Government Relations**

Learn more about these positions by emailing [aptamd@aptamd.org](mailto:aptamd@aptamd.org) or call 800-306-5596.



## A Message from the President

JD SHEPPARD PT, DPT

Fulfilling the bold mission and vision statement of the American Physical Therapy Association (APTA) is not without difficulties. Our mission implores “building a community that advances the profession of physical therapy to improve the health of society.” In order to build a community that can tackle the challenging issues affecting health care, we must be willing to have difficult conversations together as a profession. Our vision of “transforming society by optimizing movement to improve the human experience” will only be accomplished by fighting for progressive changes to the status quo.

When we look to improve the human experience, we must consider the experiences of all those who live in our communities, not just those with historical privilege. This is why APTA Maryland is working to change our bylaws to include the Director of Diversity, Equity, and Inclusion as a member of the board of directors.

Additionally, the APTA House of Delegates has adopted several policies for our association to uphold to reinforce our mission and vision. In 2019, the House updated one of its policies to state “the American Physical Therapy Association responds to and acts upon health and social issues that are consistent with its vision and mission.” This policy acknowledges that silence on these issues will cause harm to our patients and our profession and for more than 2 years APTA Maryland has released several statements responding to racism, LGBTQ+ discrimination, and the removal of reproductive rights.

In order to transform society, we must also advocate for increased access to patient care and improved reimbursement. APTA Maryland continues to fight for fair co-pay legislation in Annapolis. Currently, we are consulting with the Maryland Insurance Administration on a study to examine the impact of this legislation on health care in our state.

***With all our expanding efforts to uphold our mission and vision we need engagement from our members. I implore you to get involved. Many opportunities are available in our committees and on the board of directors. We must work together to achieve our goals.***

Support the  
Maryland PT PAC  
what if everyone gave  
\$5  
think of what we could  
accomplish



The Maryland Physical Therapy PAC promotes the interests of the physical therapy field within the state of Maryland. Our aim is to increase patient access to physical therapy, fight for fair reimbursements, and lift up the goals and viewpoints of the physical therapy profession. The Maryland Physical Therapy PAC is able to achieve this through our fundraising efforts and financial support to candidates who support the physical therapy profession at the Maryland Legislature.

**The Maryland Physical Therapy PAC is made possible by the support of those within the physical therapy profession.**

**Chair:** Mary Miller **Treasurer:** Lauren Melito

Want to join our team?  
Your Voice = Our Goals = Our Actions.





## Featured Physical Therapy Jobs

Physical Therapists and Physical Therapist Assistants in Maryland know they can rely on the APTA Maryland Career Center to find their next position. We have the top employers who are looking for qualified, local talent.

PTs and PTAs can access our free resources to assist you in your career path. Additionally, we send out two emails per month containing the latest jobs posted to our job board so you can let your next job come to you.

### Career Opportunity Spotlight

**Physical Therapist**  
**Groschan and Associates**  
**Lutherville, MD**



[www.aptamd.org/job-board/](http://www.aptamd.org/job-board/)





**Since 2015, PT Day of Service has brought together over 23,000 volunteers from all 50 US states and nearly 85 countries around the world.**

**Join us by providing local service for a global effect on October 8th, 2022!**

## How To Get Involved

PTDOS is about creating positive change on the local level for global effect! Here is how to get started:

1

### Sign-up!

We have several resources to help you get started in our Ambassador Toolkit.

2

### Determine where and how you will serve.

Check out our [list of recommended projects and organizations](#) to help you brainstorm ideas!

3

### Promote your PTDOS Service Project

[Share your project](#) on the PTDOS Project Map or [contact us](#) to be featured on our social media

4

### SERVE!

**October 8th, 2022**  
Within 1-2 weeks based on your community needs during COVID-19 pandemic

<http://ptdayofservice.com/>



# REVITALIZE

**Your Path. Your Passion. Your Profession.**

**The APTA Maryland and APTA DC Premier Physical Therapy Conference, is about advancing physical therapy practice by showcasing evolving, evidence based, and innovative topics.**

Hybrid Event (In Person at Howard Community College & Virtual Options)

**Special Keynote from Lisa VanHoose, PT, DPT, MPH** - Structural and Social Determinants of Health and Education Are Changing Our Profession. How will APTA MD and DC Respond?

**Special Welcome from APTA President, Roger Herr**

## The Courses

### Utilizing BFR After ACL Surgery

Following ACL surgery, athletes and other individuals endure lengthy rehab periods in order to return to their sport. Overwhelming evidence demonstrates a high incidence of contralateral ACL tear or recurrence if quadriceps strength is not restored. Recent evidence demonstrates that while there are changes to one's neurophysiology following ACL injury and reconstruction that may impair return to play, there are also morphological adaptations of skeletal muscle that clinicians should consider and have a means of intervention. Implementing BFR may comprise a portion of this elusive solution. This talk will identify the physiologic targets of concern and describe how BFR might contribute to solving the larger problem.

### Post-Exertional Malaise/Post-Exertional Symptom Exacerbation: An Energy System First Aid Approach

PEM or PESE refers to a constellation of signs and symptoms, including profound fatigue, which is functionally disabling. The functional disability, as well as the individual symptoms of PEM/PESE, may be a reason patients present to physical therapy clinics. This presentation will discuss the recognition, underlying physiology, and clinical management of PEM/PESE. Webinar participants will acquire new knowledge and skills applicable for people with Post COVID-19 Condition (Long Covid) and myalgic encephalomyelitis (ME), which will be applicable on the next clinic day.

### Concepts in Concussion Management

Current Concussion evaluation and treatment is a rapidly evolving field that is commonly misunderstood. Outdated information and principles plague the multiple disciplines that may work with those suffering from concussion. The aim of this presentation is to educate listeners on updated best practice recommendations and provide a framework for making informed and objective return to sport decisions for athletes post-concussion. This course will include both lecture & lab to assess and treat post-concussive symptoms in coordination with other professionals in the health care system.

### Visceral Manipulation: the vagus nerve's impact on digestion

This class is designed to enhance your understanding of the ANS and it's influence on the upper digestive track. We as manual therapists can support the function of the digestive system through VM techniques, giving input via the vagus nerve and the fascial connective tissues of the organs. Lecture on anatomy and physiology of the upper digestive system will comprise 30% of our time, allowing 70% for student participation and practice! This class includes lecture and lab.



# REVITALIZE

**Your Path. Your Passion. Your Profession.**

## Conference Fees

### Live Event only on October 22 (Earn up to six (0.6) CEUs)

Member \$100  
Non Member \$175  
Student \$25

### Live and On Demand Access *Full Conference Catalog* (Earn up to twelve (1.2) CEUs)

Member \$150  
Non Member \$225  
Student \$30

**Members SAVE \$75**

## Fall Conference Schedule

Courses are 3-4 hours. They begin at 10:15 am and end at 3:00 pm. See the full schedule below for details.

7:15–8:00 am	Registration & Exhibit Hall Open
8:00–8:45 am	Welcome & Townhall w/ Roger Herr
8:45–9:45 am	Keynote w/ Lisa VanHoose
9:45–10:15 am	Break & Platform Presentations in Exhibit Hall
10:15–12:15 pm	Education Sessions
12:15–1:00 pm	Lunch w/exhibitors & Posters (Door Prize)
1:00–3:00 pm	Education Sessions Continued
3:00 – 3:15 pm	Break & Platform Presentations in Exhibit Hall

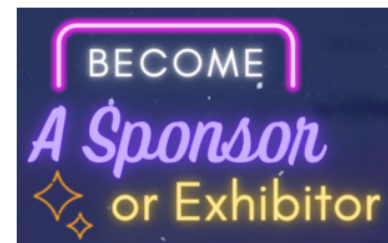
## Special Events

3:00 pm – 3:15 pm Also in the Exhibit Hall, we will have:

PhyzoTrivia (A game to help leaders, students, and aspiring professionals to be able to learn, grow, achieve, and have fun.)  
Special Table to Learn about Chapter Volunteer Opportunities  
Scavenger Hunt Door Prize  
3:15 pm – 4:30 pm

APTAMD Annual member meeting and awards presentations.

## Exhibitors and Sponsors



**Have a unique idea to engage with our audience at the APTAMD and APTADC Annual Conference? Contact us at [aptamd@aptamd.org](mailto:aptamd@aptamd.org) or 800-306-5596.**

# APTA Maryland's Diversity, Equity and Inclusion Committee

Michael Ukoha PT, DPT - Chair



*Our Mission- To foster the long-term sustainability of the physical therapy profession by making APTA Maryland an inclusive organization that reflects the diversity of the society the profession serves.*



**Mentor Nights for Students and Early Professionals:** 1st Tuesday of each month 8-9:00 pm  
Are you looking for clinical mentorship, a safe space to discuss workplace issues, explore emerging issues and trends, and connect with colleagues? Join us for our mentor nights as a mentor or mentee.

## **Promoting and Improving the Diversity in our Wonderful Profession. Providing On Site Presentations and Virtual Clinic Tours**

APTAMD's DEI committee meets with high school students virtually and in person from underserved communities to introduce them to the profession. We have met with individual classes, after school programs, and health profession clubs. We discuss clinician's journey in applying to PT school, career path, and community engagement. The clinicians that volunteer are always in the area of the respective school to provide access to observation hours for students interested. We usually have 3-4 clinician volunteers per tour. We are currently reaching out to schools about the fall and spring opportunities.

## **Expanding our reach**

We have presented to local high schools and pre PT programs. We are looking to move into middle schools and provide early exposure to the profession. We are also in talks with Howard County and Eastern Shore Programs.

## **DEI Scholarship:**

We are creating a DEI scholarship for current SPT students in Maryland. We are looking to support students from underrepresented populations serving various communities in the state while excelling academically. Currently, we are proposing a \$1000 scholarship to be approved by the Board of Directors this year

## **PT Day of Service:**

Our first PTDOS collaboration: Legs4Africa <https://www.legs4africa.org>- improving access to prosthetic legs, improving rehab services, & improving well-being of people with limb differences. We have one clinic that will be supplying various component for a larger donation. Dankmeyer, Inc <http://www.dankmeyer.com>.

If you have any clinics, clinicians, or medical supply vendors that would interested in donating feel free to let us know.

**If you are interested in being a part of this program and or if you have schools you would like to include, please contact us at [dei@apta.org](mailto:dei@apta.org).**

## **2-1-1 and Social Determinants of Health The Missing Link to Improved Health Outcomes**

You can't address SDOH if you don't know how to link patients to community resources. 2-1-1 is the most comprehensive source of information about local resources and services and is available 24/7.



Physical therapy can make a difference—not just in recovery, but in falls prevention.

## September 18-24, 2022 is National Falls Prevention Awareness Week

Falls Prevention Awareness Week is a national health campaign observed on the first day of fall to increase awareness around falls health and injury prevention. Get ideas to raise awareness in your community.

### Programs, Toolkits, and Other Guidance (Find the Links Here)

- A Matter of Balance was developed by Boston University and MaineHealth to help older adults reduce their fear of falling. The Falls Prevention Awareness Promotion Toolkit from NCOA has multiple elements to help plan events, social media posts, and more.
- GeroFIT, from Veterans Affairs, is a personalized exercise program that promotes health and wellness for U.S. veterans.
- LSVT Big is one of the two Lee Silverman Voice Treatment programs for people with Parkinson disease. LSVT Big focuses on improving limb and body motor skills.
- Management of Falls in Community Dwelling Older Adults: Clinical Guidance Statement From the Academy of Geriatric Physical Therapy of the American Physical Therapy Association. The statement provides recommendations to help PTs identify and manage fall risk among community-dwelling older adults.
- The Mini-BEST Balance Evaluation Systems Test is one of dozens of tests available free to members on APTA's website. It measures dynamic balance, functional mobility, and gait.
- On the Move: Group Exercise for Improved Mobility in Older Adults is a PT-developed, community-based walking program that focuses on the timing and coordination of movement in walking.
- The Otago Exercise Program consists of 17 exercises and a walking program to help frail adults increase their balance and strength.
- The Outcome Measures Toolkit For Geriatric Fall/Balance Assessment from the APTA Geriatrics Balance and Falls SIG summarizes 107 outcome measures related to balance and fall risk assessment.
- PWR! for Parkinson Wellness Recovery educates health care and fitness professionals in implementing neuroplasticity-principled therapy and exercise plans adaptable for people with Parkinson disease.
- Rock Steady Boxing is a nonprofit organization that partners with affiliates and coaches to provide a noncontact, boxing-based fitness curriculum tailored for people with Parkinson disease.
- The STEADI initiative from the Centers for Disease Control and Prevention contains training, an algorithm, brochures, an evaluation plan, videos, and other resources for providers, patients, and caregivers. STEADI stands for Stopping Elderly Accidents, Deaths & Injuries.
- Silver Sneakers is a community fitness program for older adults that partners with venues, instructors, employers, and health plans to provide classes. Enrollment can be free for those age 65 and older through select Medicare plans.
- Tai Chi for Arthritis and Fall Prevention is conducted by the Tai Chi for Health Institute to improve movement, decrease falls, and connect participants with peers.

*The above resources were recently provided in APTA Magazine Article "A Closer Look at Falls and Falls Prevention."*

*Date: Thursday, September 1, 2022*

*Author: Keith Loria*

Health / Center for Healthy Aging

# National Falls Prevention Resource Center for Professionals

Housed at NCOA's Center for Healthy Aging, the

## REGISTRATION NOW OPEN

for this in-person CEU course  
with Richard Clendaniel

Vestibular Rehabilitation:  
Evaluation and Management  
of Individuals with Dizziness  
and Balance Disorders

RICHARD CLENDANIEL, PT, PH.D., FAPTA

- October 22 and 23, 2022
- Washington, DC
- 8:40 am EST
- Earn 13.5 contact hours



[www.educationresourcesinc.com](http://www.educationresourcesinc.com)

# APTA Maryland's House of Delegates Update

Linda B. Horn, PT, DScPT, MHS - Chief Delegate



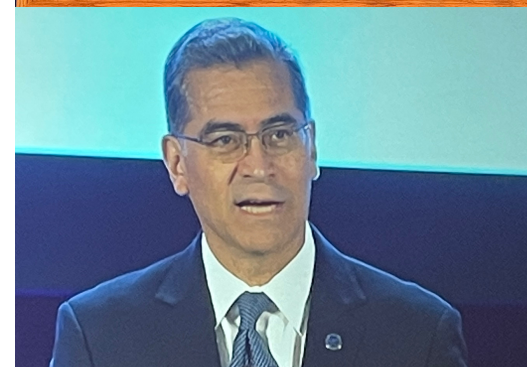
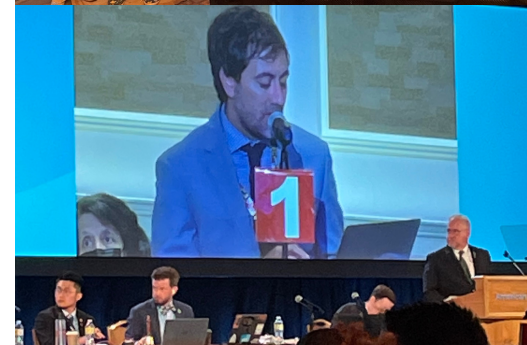
The Houses of Delegates was held in person on August 13-14, 2022 in Washington, DC. The elections took place in a virtual House session on July 30, 2022 and the results can be found [HERE](#). Here are some highlights of the motions adopted:

- **RC 7-22:** This motion would have potentially censured the types of motions brought forward to delegates. An additional requirement was proposed that motions could only be brought forward if they directly supported PTs, PTAs, or the profession. This could have made motions about social issues not be heard. This motion was **WITHDRAWN**.
- **RC 8-22:** This motion was amended and includes new language about the direction and supervision of the PTA which includes collaboration. **PASSED**.
- **RC 9-22:** This motion supports PT and other stakeholders in the non-pharmacological management of high blood pressure. **PASSED with amendments**.
- **RC 10-22:** This motion states that APTA supports physical therapist services in the prenatal and postpartum periods. **PASSED unanimously**.
- **RC 11-22:** This motion was a position about physical therapists being able to determine activity participation and disability. **PASSED with amendments**.
- **RC 12-22 and 13-22** were motions about direct-to-employer physical therapist services. The position statement **PASSED unanimously** and the charge for APTA to pursue direct-to employer physical therapist services **PASSED as well**.
- **RC 14-22:** This motion was for APTA to advocate from improved access to physical therapy services for Medicaid beneficiaries. **PASSED**.
- **RC 15-22:** This motion was a position statement about equitable disability accommodations in physical therapy. **PASSED with amendments**.
- **RC 16-22:** This motion was another position statement about APTA being inclusive of the LGBTQIA+ populations. This motion was amended to 'promote equity' in addition to inclusivity and society was added to replace 'those we serve in a professional capacity'. **PASSED**.
- **RC 17-22:** This motion was about the APTA evaluating the feasibility of expanding prescriptive authority within physical therapist scope of practice. This motion generated much discussion and was ultimately REFERRED to the Board of Directors.
- **RC 18-22:** This motion was about ways the Sections and Academies could collaborate and share more. **PASSED**.
- **RC 19-22:** This motion was about evaluating continuing educations standards. **DEFEATED**.

Several motions were NOT HEARD this year as there was no time to do so. he motions could be re-introduced next year and are as follows:

- **RC 20-22: CHARGE:** Develop a plan to promote equity in pay across genders in the physical therapy profession.
- **RC 21-22 CHARGE:** Association health care plan. The motion language is not finalized until the minutes are accepted which usually occurs in the Fall.
- **RC 22-22 AMEND:** Bylaws of the APTA, Article VII. committees, Section 2: Committees of the House of Delegates, A. Nominating Committee. This motion proposed that members of the APTA Nominating Committee could be delegates in the House of Delegates.

Continued on page 10





- **RC 23-22 ADOPT:** Pay equity on the basis of gender.

Many thanks to our wonderful delegation this year. The delegates spent much time learning about candidates and understanding the issues in the motions. While some delegates were unable to attend in person, they contributed significantly to the process. The 2022 delegates included:

- Jodi Barth
- Hannah Cook
- Monique Caruth
- Kim Durant
- Cara Felter
- Linda Horn, Chief Delegate
- Katherine Miles
- Lynn Rudman
- JD Sheppard, President
- Michael Ukoha

Our PTAs also contribute so much to our discussions and spend as much time as the delegates in preparing for the House. The contributions from the PTA Caucus representatives are extremely valuable to the preparation of the Maryland delegation. The 2022 PTA Caucus Representatives included:

- Kelly Brukiewa, PTA
- Stephanie Thomson, PTA (alternate).

We also had a student delegate from UMES, Patrick Luo. He was an active participant in our Maryland preparations discussions. He also participated on the dais as the Special Assistant to the Vice Speaker, Kyle Covington.

Thank you for the opportunity to serve as your Chief Delegate for the last four years and look forward to continuing to be involved with the House of Delegates.



## APTAMD Supports Legs4Africa

As we prepare for PT Day of Service this October, our DEI Committee is working with this amazing organization that recycles/repairs prosthetics for amputees needing them at rehab centers throughout Africa.

We are looking to partner with vendors and medical suppliers to help us support Legs4Africa.

If anyone is interested in assisting us in this effort, or if you have contacts to share, please reach out to [dei@aptamd.org](mailto:dei@aptamd.org).

# Announcing NEW Advocacy Award in Honor of Carol Zehnacker PT, DPT



The Carol H. Zehnacker Advocacy Award was established as a way for the APTA Maryland to acknowledge an APTA Maryland member who has demonstrated the most support and or fostered the support and or fostered the growth of the Physical Therapy profession through legislative efforts as exemplified by the contributions made to the profession by Carol Zehnacker.

The criteria established were to honor an individual who:

- Promotes significant state and or federal legislative advocacy efforts by increasing grassroots participation, MDPT-PAC fundraising, and/or other activities directly and positively impacting these efforts; and,
- Demonstrates exceptional service in state and/or federal advocacy and is a role model for chapter members.

**APTA Maryland is proud to announce that the inaugural recipient of the Carol H. Zehnacker Advocacy Award is being presented to Richard Peret Jr. PT.**

Please join us in honoring all of our awardees on October 22nd during our member meeting and awards presentations 3:15-4:30 pm at Howard Community College. Go to [www.aptamd.org/annual-conference](http://www.aptamd.org/annual-conference) for more details.



## National Physical Therapy Month

October is National Physical Therapy Month, an opportunity to raise awareness of the benefits of physical therapy.

## October is National Physical Therapy Month

**Get Ready for the 30th Annual National Physical Therapy Month. It's time to plan your celebration of the profession — and the important role you play in it.**

The countdown is on for National Physical Therapy Month: a time to celebrate the physical therapy profession, spotlight the many benefits of physical therapy, and show how physical therapists and physical therapist assistants can help anyone make changes to improve their quality of life.

This year we continue to emphasize physical therapists' and physical therapist assistants' unique value as movement experts as well as the benefits of regular physical activity.

NPTM is the perfect time for service events. We have a ChoosePT toolkit full of resources to promote the profession, and you can also use [ChoosePT.com](http://ChoosePT.com) to educate consumers about the value of physical therapy. Learn more at [www.apta.org/national-physical-therapy-month](http://www.apta.org/national-physical-therapy-month)





**Join APTA Maryland and make an impact in the profession and the communities you serve.** We engage and empower our members to be a leading voice in the health care industry, positive influencers of the physical therapy profession, and a strong collective force for improving the human experience.

### Join or Renew Online

## Connect with Us

✉ [aptamd@aptamd.org](mailto:aptamd@aptamd.org)

☎ 800.306.5596

🌐 [www.aptamd.org](http://www.aptamd.org)

## Help us Create Positive Change

APTAMD helps our members advance the profession and association.

- Find the right volunteer opportunity for you
- Get involved with a committee
- Run for an APTAMD elected position
- Engage in House of Delegates policymaking by providing feedback to our chief delegate, or becoming a delegate yourself!
- Donate to the Maryland PTPAC, the sole fundraising organization that supports and influences state legislators in order to advance and protect APTAMD's priorities.
- >>>[Learn More](#)

## Support throughout your Career

### Mentorship for Students and Early Career Professionals

As a new / newer professional, you may be looking for clinical mentorship, a safe space to discuss workplace issues, explore emerging issues and trends, and connect with colleagues. We provide experts for each monthly topic in addition to 1:1 mentorship per request.

### APTA Maryland Career Center

PTs and PTAs can access our free resources to assist you in your career path. Additionally, we send out two emails per month containing the latest jobs posted to our job board so you can let your next job come to you.

## Continuing Education

### Free CEUs & Discounted

APTAMD has a catalog of free courses for members worth 34 contact hours (3.4) CEUs. This includes 2 free courses every spring at our Spring Meeting. Members also receive discounts on our Annual Conference, Implicit Bias course mandated for license renewal, and through our online education partner, Seminar Web.

### Addressing Health Equity and Social Determinants of Health

APTAMD and APTA are committed to increasing diversity, equity, and inclusion in the association, profession, and society. Therefore, each year we develop courses related to health equity, health disparities, and SDOH.

When you are a member, APTA and APTAMD function as your advocates and work everyday to protect your right to practice, ensure fair billing, and eliminate barriers preventing people from accessing the benefits of physical therapy.

We also help you connect with your local community through our DEI committee with multiple volunteer and opportunities to give back.



## Stay Connected With Us

Facebook

Instagram

Twitter - Chapter

Twitter - Student SIG

Chapter Office

Chief Delegate

Diversity, Equity, and Inclusion Chair

President

Student SIG

<https://www.facebook.com/AptaOfMaryland>

<https://www.instagram.com/aptamd/>

<https://twitter.com/APTAofMaryland>

<https://twitter.com/aptamdSSIG>

[aptamd@aptamd.org](mailto:aptamd@aptamd.org)

[delegation@aptamd.org](mailto:delegation@aptamd.org)

[dei@aptamd.org](mailto:dei@aptamd.org)

[president@aptamd.org](mailto:president@aptamd.org)

[ssig@aptamd.org](mailto:ssig@aptamd.org)

#aptamd #aptamdDEI

#aptamdSSIG

#BetterTogether

#ChoosePT #PTFAM



## Dates and Deadlines

9/14-9/15/22

**APTA Flash  
Action Strategy:**  
This annual student-  
led campaign unites  
the APTA community  
through advocacy.

9/21/22:

**APTAMD Voting  
for Chapter  
Elections Opens**

9/21/22:

**APTA Payment &  
Regulatory  
Update Series**  
Medicare, Medicaid,  
and Commercial  
Payment Updates.

10/8/22:

**PT Day of Service**

10/22/22:

**APTAMD and  
APTADC Annual  
Conference**

**Save the Date**

**Combined  
Sections Meeting**  
February 23-25, 2023  
San Diego, CA