

10.22.22  
Columbia, MD

## Premier Conference



*it's time to*

# REVITALIZE

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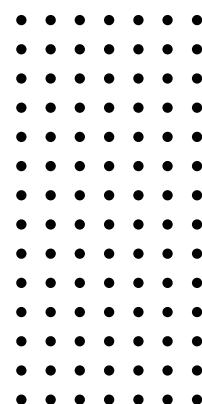
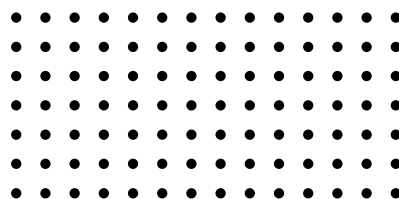
**Your Path. Your Passion. Your Profession.**

# Physical Therapy Vendor & Career Expo

Thank you to our  
exhibitors and  
sponsors



The Power of Physical Therapy™





# PROGRAM

## 7:15-8:00 AM

Registration & Exhibit Hall Open

## 8:00-8:45 AM

Welcome & Townhall

APTA President, Roger Herr PT, MPH

APTA DC President, Jaisie Stevens PT, DPT

APTA MD President, JD Sheppard, PT, DPT

## 8:45-9:45 AM

Keynote w/ Lisa VanHoose PT, PhD, MPH

## 9:45-10:15 AM

Break in Exhibit Hall

## 10:15-12:15 PM

Education Sessions

## 12:15-1:00 PM

Lunch w/exhibitors (Door Prize)

## 1:00-3:00 PM

Education Sessions Continued

## 3:00 - 3:15 PM

Break in Exhibit Hall

## SPECIAL EVENTS

### 3:00 pm - 3:15 PM

Also in the Exhibit Hall, we will have:

- **PhyzoTrivia**

Get your team members to guess the correct physical therapy term without saying the 3 most obvious terms. Teams will play for prizes!

- Special Table to Learn about Chapter Volunteer Opportunities
- Scavenger Hunt Door Prize

### 3:15 pm - 4:30 PM

- APTAMD Annual member's meeting and awards presentations. Raffle!

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## SPECIAL GUESTS



American Physical Therapy Association President Roger Herr, PT, MPH, is a distinguished health care leader with more than 35 years experience in post-acute care, quality reporting, health planning, and rehabilitation.

Roger received his bachelor's in physical therapy at Temple University and master's in public administration at New York University.

Roger currently lives in New York City and is Vice President of Home Care at the VNS of New York Home Care. He has implemented multiple post-acute care regulatory changes in home health, hospice, and long-term care. He has served on multiple federal technical expert panels and appointments in quality and policy reform. Roger has 20 years' board experience in APTA's specialty sections, state chapters, and as Secretary of its national board of directors.



Lisa VanHoose PT, PhD, MPH describes herself as your intercultural guide. She can help you make uncomfortable situations comfortable and exciting.

Dr. VanHoose is the Founding Executive Director of the Ujima Institute. The mission of the organization is to improve Black health outcomes and patient/client satisfaction through workforce upskilling focused on intercultural development and interactions. Dr. VanHoose is an equity explorer and has investigated workforce diversification and health disparities since 1995. She is a Clinical Professor in the Physical Therapy department of Baylor University. She is a qualified administrator of the Intercultural Development Inventory.

Dr. VanHoose received her PhD in Rehabilitation Science and MPH from the University of Kansas Medical Center. She completed fellowships at the University of Arkansas Medical Sciences, Donald W. Reynolds Institute on Aging and the National Heart, Lung, and Blood Institute, PRIDE Summer Institute with an emphasis in Cardiovascular Genetic Epidemiology. Her Bachelor of Science in Health Science and Master of Science in Physical Therapy were completed at the University of Central Arkansas. She is a Board-Certified Clinical Specialist in Oncologic Physical Therapy. She is a certified Patient Navigator through the Harold P. Freeman Patient Navigation Institute. She is a trained facilitator through the Center for the Improvement of Mentored Experiences in Research. She has trained in the Louisiana Racial and Health Equity Learning Laboratory which focuses on building the capacity of leaders across the state to address systemic barriers and social inequities affecting marginalized and minoritized communities. She is always excited to learn with and from all humans.

# It's National Physical Therapy Month & We are Giving Back

In honor of PT Day of Service and NPTM, APTAMD has developed a collaboration with Legs4Africa as they work to help amputees live independently, through the provision of prosthetic legs along with physical and emotional rehabilitation. We are partnering with vendors and medical suppliers to help us support Legs4Africa. If anyone is interested in assisting us in this effort, or if you have contacts to share, please reach out to [dei@aptamd.org](mailto:dei@aptamd.org).

In addition, APTA Maryland's Student Special Interest Group partnered with Soles4Souls and will be collecting gently worn shoes through the month of October. We have a collection site in the exhibit space at the annual conference, and there are two collection sites - one at the Student Services Center on UME's campus and one at Allied Health Research Building on UMB's campus. Let us know if you can collect shoes at your campus and we will pick them up from you at the end of the month. Reach out to [ssig@aptamd.org](mailto:ssig@aptamd.org).



**COLLECT LIMBS FOR  
LEGS4AFRICA  
TO HELP PEOPLE  
GET BACK ON  
THEIR FEET**

**WHAT WE COLLECT**

- Feet, Pylons & Knees
- Stump socks
- Suspension devices
- Prosthetic arms
- Workshop tools

**WHAT WE DON'T COLLECT**

- Electronic knees
- Crutches
- Wheelchairs
- Orthopedic shoes
- Orthopedic braces

FIND OUT MORE AT:  
[LEGS4AFRICA.ORG/COLLECT](http://LEGS4AFRICA.ORG/COLLECT)

**LEGS4AFRICA**



## GIVE SHOES. GIVE LOVE.

We're hosting a shoe drive to collect new and gently used shoes to create opportunities for women in developing nations to start and sustain a small business.

**You can help by simply donating your shoes!**

Drop off your new or gently worn shoes between October 10, 2022 and October 31, 2022!

### University of Maryland Eastern Shore

Student Services Center  
Princess Anne, MD 21853

Donation Box will be located  
at the info desk

Hazel Hall 2093  
Princess Anne, MD 21853

or

Donation Box will be located  
at the reception office

Questions? contact us at [ssig@aptamd.org](mailto:ssig@aptamd.org)

All shoes will be donated to the non-profit organization Soles4Souls



Every October we celebrate National Physical Therapy Month (NPTM) to raise awareness with consumers about the many benefits of physical therapy. It's also a great opportunity to appreciate what PTs, PTAs, and students do to transform lives.

This year APTA will continue to emphasize physical therapists' unique value as movement experts as well as the benefits of regular physical activity.

NPTM is the perfect time for service events. We have a ChoosePT toolkit full of resources to promote the profession, and you can also use [ChoosePT.com](http://ChoosePT.com) to educate consumers about the value of physical therapy. Download APTA's NPTM Press Release Template to create your own press release.

Did you know...

This year is the 30th NPTM. APTA and participating components began to celebrate Physical Therapy Week in the early 1980s. The week was initially observed in conjunction with APTA's annual conference in June and was later moved to October. The week evolved and the first NPTM was celebrated October 1992.



# SPEAKERS

## **Zach Baker DPT, SCS**

*Chief Clinical Officer, Rehab 2 Perform*

Zach was born and raised in Westminster, MD and continues to reside in Carroll County today. He earned his B.S. in Exercise Science from Salisbury University and went on to obtain his Doctorate in Physical Therapy from the University of Maryland-Baltimore. At UMB, he was awarded the Robert P. Gordes Award, given to the individual showing excellence in outpatient orthopedics and sports medicine in their graduating class. As part of his education, he spent time in Phoenix, AZ at the Fischer Institute, a world-class training facility and rehabilitation center for elite athletes. He is also a Certified Strength and Conditioning Specialist through the NSCA.

As a three-sport athlete at South Carroll High School, a series of injuries including two ACL tears and labral and rotator cuff tears to each shoulder sparked his interest in the human body and the sports medicine field. These personal experiences have led to his special interests in knee and shoulder rehabilitation, as he has pioneered our ACL injury prevention and post-op rehab programs at R2P.

## **Todd Davenport PT, DPT, MPH**

*Professor, Thomas J Long School of Pharmacy and Health Sciences, Department of Physical Therapy, University of the Pacific in Stockton, California*

Dr. Todd Davenport teaches in and directs the Doctor of Physical Therapy (DPT) program. Dr. Davenport is a graduate of the University of Southern California's DPT and Orthopaedic Physical Therapy Residency programs. He is a past clinical research fellow at the Warren G. Magnusson Clinical Center at the National Institutes of Health in Bethesda, Maryland, where his work included construction and validation of function-based physical capacity tests for patients with chronic fatiguing illnesses. Dr. Davenport is a graduate of the Master of Public Health program at the Berkeley campus of the University of California.

Dr. Davenport's clinical and research interests, as a physical therapist, broadly have included the effect of iatrogenic loading on the neuromusculoskeletal system in health and pathology. His main focus involves outcomes research and evidence synthesis in orthopedic and sports physical therapy. Dr. Davenport is interested in best practices for myalgic encephalomyelitis/chronic fatigue syndrome, epidemiology of chronic noncommunicable diseases, and program planning and evaluation as they relate to the prevention of injuries and chronic diseases.

Dr. Davenport has authored articles describing clinical reasoning processes for the symptom-based diagnosis of pathology by physical therapists in order to determine the appropriateness of physical therapy and guide intervention. Dr. Davenport is an International Editorial Review Board Member of the Journal of Orthopaedic and Sports Physical Therapy, as well as a reviewer for several journals in the fields of rehabilitation and rheumatology.

## **Lori Dowiak PT**

*Bloomfield Therapy LLC - Owner*

Lori graduated from the University of Pittsburgh with a degree in physical therapy. She has received extensive training through continuing education programs. She has a strong background in orthopedic and osteopathic manual therapies. She specializes in craniosacral therapy (CST); visceral, vascular and nerve manipulation; and is a certified lymphedema therapist. Currently, she acts as both a presenter and teaching assistant for the International Alliance of Healthcare Educators (IAHE).

## **Jamie Schindler DPT, SCS**

*Director of Education, Rehab 2 Perform*

Jamie was born and raised in southern Anne Arundel county. She became interested in physical therapy as a high school student and went on to pursue a degree in kinesiology from the University of Maryland, College Park. Directly after receiving her B.S., she transitioned to pursue her doctorate in physical therapy from the University of Maryland Baltimore.

During physical therapy school, Jamie experienced a wide variety of clinical settings but continued to have a special interest in outpatient orthopedics and sports. Since graduation, she has been working in the outpatient orthopedics field and has a special interest in working with athletes and active individuals of all ages.

Now a Board Certified Sports Physical Therapist, Jamie is also a Certified Strength and Conditioning Specialist and enjoys utilizing this knowledge along with her own training background to enhance patient performance to meet their individual goals, whether that's returning to work or getting back on the field. Outside of the office, Jamie enjoys staying active, spending time at the beach, and cheering on the Baltimore sports teams.

## **Chris Serrao DPT, CSCS**

*Performance Physical Therapist, Rehab 2 Perform*

Chris grew up as an athlete in Pittsburgh, Pennsylvania playing basketball, volleyball, and football, though was plagued by a low back injury his sophomore year of high school. This is where his interest for physical therapy and rehabilitation began. He continued on to earn both a B.S. in Exercise Science and his Doctorate of Physical Therapy from the University of Pittsburgh. During his undergraduate studies, Chris participated in internships as a strength and conditioning coach for Pitt's Division 1 Olympic sports teams, as well as for Carnegie Mellon University's Division 3 sports teams. During his graduate studies, he completed an internship at the University of Pittsburgh's Rooney Sports Center in their concussion clinic, treating patients from across the world to return to work, recreational activities, and professional sports. Chris also completed his final clinical internship at Rehab 2 Perform™ treating active populations to rehabilitate injuries affecting all body regions.

Chris is a Certified Strength and Conditioning Specialist that has worked as a strength and conditioning coach at a family-owned private facility in Pittsburgh since 2015. Here, he trained athletes from second grade to the professional level and took part in coaching several high school sports teams from around the area.



## **APTA Maryland is Moving into the Future**

The APTAMD Chapter has worked over the last year on a proposed revision of our bylaws that aims to make the chapter more representative and impactful. Please log in or attend in person to vote on 10/22 3:15–4:30 pm. If you are not planning on attending the conference but would like to RSVP for the meeting, email us today.

### **This includes:**

#### **Adding 4 NEW Director positions on the Board (this also resulted in many changes throughout the document)**

- Director for Diversity, Equity, and Inclusion
- Director for Community Engagement
- Early Career Representative
- Representative at Large

#### **Improving the transition and mentorship process for delegation leadership**

- adding a new, non-Board position of Chief Delegate-Elect
- adding some requirements for the Alternate Chief Delegate

#### **Eliminating the districts (this resulted in many changes throughout the document).**

- One sentence does remain in place, to give the Board the option of adding districts in the future, should that be desired.

#### **Making needed language changes following changes made to APTA bylaws at the 2021 House of Delegates.**

- (These don't require a vote, they are editorial changes.) One major change is that the PTA Caucus is now the PTA Engagement Group.

**ON OCTOBER 22ND, WE NEED OUR MEMBERSHIP TO ATTEND OUR MEMBER MEETING AT 3:15 PM. WE CANNOT VOTE WITHOUT A QUORUM.**

**Join APTAM Maryland and make an impact in the profession and the communities you serve.** We engage and empower our members to be a leading voice in the health care industry, positive influencers of the physical therapy profession, and a strong collective force for improving the human experience.

### **Support throughout your Career**

Mentorship for Students and Early Career Professionals

APTA Maryland Career Center

Free & Discounted Continuing Education

Addressing Health Equity and Social Determinants of Health

**When you are a member, APTA and APTAMD** function as your advocates and work everyday to protect your right to practice, ensure fair billing, and eliminate barriers preventing people from accessing the benefits of physical therapy.

We also help you connect with your local community through our DEI committee with multiple volunteer and opportunities to give back.

**VOTE**

**FOR**

**OUR FUTURE**





## Advocacy Highlights

**APTA Maryland is the voice for our members. Our goals, vision, and legislative priorities are set by you, our members.**

Over the last 5 years, the Chapter's priority legislation included the PT Compact (passed in 2019), and fair copays (introduced in 2022 and is currently in a summer study). These efforts took years of educating legislators and getting sponsors to support these efforts. As we prepare for 2023 and our new strategic plan, we are looking to set or future advocacy goals. Please take our brief survey to help us shape our future.

***Scan the QR code at the bottom right of the page to access the survey.***

### Update on the Chapter's Fair Copay Legislation

During the bill hearings, the insurance representatives attached a fiscal note of 47 million dollars which was later retracted. Due to falsely noted inflated cost, the bill was sent for summer study. The study is to be completed by Dec. 2022. We are working with the Maryland Health Care Commission to review existing literature, and we have made recommendations on what the study should include. The next step is for the the report to be sent to the Senate Finance Committee and House HGO. The study shall include, but is not limited to:

- The impact of eliminating barriers to care and increasing utilization of PT and related rehabilitation services on improving continuity of care; reducing reliance on opioid drugs; reducing hospitalizations, re-admissions, or long term rehabilitation center stays; cost-effectiveness of reduced copay amounts vs cost of delayed or absence of care; improved outcomes associated with increased access to care; long term disability care; economic impact on workforce

### Become a Champion for the Profession!

#### Join us for our 2023 Legislative Week

Feb 6-10, 2023

We need your voice on issues affecting our profession and the people you serve. Protecting patient care and the physical therapy profession requires advocacy and we need your voice in Annapolis. The Chapter will be coordinating lobby visits throughout the week. Each day will begin with a briefing by our legislative team on the current bills affecting the profession at 8 am. Learn more at [www.aptamd.org/advocacy-information/](http://www.aptamd.org/advocacy-information/)

### Legislative Committee and Lobbyist Information

The Chapter Legislative Committee works with the Lobbyist Firm, Brocato and Shattuck, and the APTAMD Board of Directors. This committee is a resource for members to get answers to specific questions regarding legislation in Maryland. Advocacy and Legislation at a National level is handled by APTA.

If you would like to become more involved in legislative issues, please email us at [aptamd@aptamd.org](mailto:aptamd@aptamd.org).

### Maryland PT PAC

APTA Maryland members interested in helping us create a network of Congressional champions on physical therapy issues – contact us today!

### Mission Statement:

The Maryland Physical Therapy PAC promotes the interests of the physical therapy field within the state of Maryland. Our aim is to increase patient access to physical therapy, fight for fair reimbursements, and lift up the goals and viewpoints of the physical therapy profession.

The Maryland Physical Therapy PAC is able to achieve this through our fundraising efforts and financial support to candidates who support the physical therapy profession at the Maryland Legislature.

### Support Statement:

The Maryland Physical Therapy PAC is made possible by the support of those within the physical therapy profession. Through financial donations, the PAC is able to proactively promote the goals and ideals of the profession including but not limited to:

- fair reimbursements
- patients' access to care
- fair copays

Your donations help support legislation, candidates who actively support the field, and educational efforts.

**Chair:** Mary Miller

[marypcampbell79@gmail.com](mailto:marypcampbell79@gmail.com)

**Treasurer:** Lauren Melito

[lauren.melito@gmail.com](mailto:lauren.melito@gmail.com)





*Our Mission - To foster the long-term sustainability of the physical therapy profession by making APTA Maryland an inclusive organization that reflects the diversity of the society the profession serves.*

### **Mentor Nights for Students and Early Professionals: (Quarterly on the 1st Tuesday at 8-9:00 pm)**

Are you looking for clinical mentorship, a safe space to discuss workplace issues, explore emerging issues and trends, and connect with colleagues? Join us for our mentor nights as a mentor or mentee.

### **Addressing Social Determinants of Health**

Providing education and resources on how to address and incorporate change in your practice. This is also accomplished through our legislative efforts as we work to identify legislation that can impact our patients and their families.

### **Promoting and Improving the Diversity in our Wonderful Profession.**

#### **Providing On Site Presentations and Virtual Clinic Tours**

APTAMD's DEI committee meets with high school students virtually and in person from underserved communities to introduce them to the profession. We have met with individual classes, after school programs, and health profession clubs. We discuss clinician's journey in applying to PT school, career path, and community engagement. The clinicians that volunteer are always in the area of the respective school to provide access to observation hours for students interested. We usually have 3-4 clinician volunteers per tour. We are currently reaching out to schools about the fall and spring opportunities.

### **Expanding our reach**

We have presented to local high schools and pre PT programs. We are looking to move into middle schools and provide early exposure to the profession. We are also in talks with Howard County and Eastern Shore Programs.

To learn more about these programs, go to [www.aptamd.org/diversity-equity-inclusion](http://www.aptamd.org/diversity-equity-inclusion) or email [dei@aptamd.org](mailto:dei@aptamd.org).



Mike Ukoha, PT, DPT  
Chair, & Central District  
Chair -Board of Directors



Erika Opoku, PT, DPT  
Secretary, & Special  
Olympics MD Liaison



Clarisse Labor, PT  
Mentorship Workgroup  
Chair



Ketaki Jatar, PT, DPT  
Social Media Workgroup  
Chair

## MENTORSHIP NIGHT

Student Clinical Rotations




Finding Your Path


**MENTORING** 11.01.22 8p

APTA Maryland  
Diversity, Equity, & Inclusion Committee

## Live & Grow Live


Dr. Mike Ukoha PT, DPT

11.10.22 7PM



WELLNESS X CHILL Dr. Cassandra Hill  
PT, DPT, CWC

Howard University | Pre-PT



HOWARD UNIVERSITY



**2022**

**THE HENRY O. AND FLORENCE P.  
KENDALL AWARD**  
**Monique Caruth, PT, DPT**

**STEPHEN M. LEVINE AWARD**  
**Jason Falvey, PT, DPT, PhD**

**THE CAROL H. ZEHNACKER  
ADVOCACY AWARD**  
**Richard Peret, PT**

**OUTSTANDING PTA AWARD**  
**Enjeen Woolford, PTA**

**THE RICHARD T. PERET JR.  
DISTINGUISHED SERVICE AWARD**  
**Lynn Rudman, PT**

**STUDENT LEADERSHIP AWARDS**  
**Michael Gentile, SPT**  
**Jane Inyang, SPT**  
**Patrick Luo, SPT**  
**John Morgan, SPT**  
**Cat Park, SPT**  
**Autumn Smith, SPT**

**Join us October 22nd at 3:15 for the  
awards presentations during the  
APTAMD Member Meeting**



NEW Carol H. Zehnacker Advocacy Award. Established as a way for APTA Maryland to acknowledge an APTA Maryland member who has demonstrated the most support and or fostered the growth of the Physical Therapy profession through legislative efforts as exemplified by the contributions made to the profession by Carol Zehnacker.

The criteria established were to honor an individual who:

- Promotes significant state and or federal legislative advocacy efforts by increasing grassroots participation, MDPT-PAC fundraising, and/or other activities directly and positively impacting these efforts; and,
- Demonstrates exceptional service in state and/or federal advocacy and is a role model for chapter members.



**Partners Offering Exclusive Discounts and Services for APTAMD Members**



**Perla helps you connect with trusted healthcare lawyers, bankers, practice manager consultants and accountants.**

**We only approve a small percentage of advisors for the Perla Network and each advisor specializes in supporting and working with healthcare businesses.**

**APTAMD members can access the Perla Network of trusted healthcare advisors for free.**



#### **COMPLIANCE AND SECURITY FOR HEALTHCARE PROVIDERS**

**Every minute spent on HIPAA compliance for healthcare providers and administration is a minute lost with patients. With increasing malware attacks on doctors, cyber security has never been more important to for healthcare providers and practices. That is why we offer a full service HIPAA, OSHA, and PCI compliance and security program – giving you peace of mind and more time to focus on what really matters... your patients.**

**APTAMD members can access free courses and CE programs covering topics like Infection Control, HIPAA Compliance, and Cybersecurity; as well as free compliance tools.**

**Learn more at <https://www.aptamd.org/aptamd-partners/>**

#### **2-1-1 and Social Determinants of Health The Missing Link to Improved Health Outcomes**

**You can't address SDOH if you don't know how to link patients to community resources. 2-1-1 is the most comprehensive source of information about local resources and services and is available 24/7.**



# *Fall Membership Meeting*

## **Understanding the Role of Nutrition in Health and Chronic Disease Management: A Practical Approach**

This course will satisfy 2 of 4 Hours of CE DC Licensees Need  
Each Renewal Cycle in Public Health Priorities

**FREE FOR APTA DC MEMBERS | \$75 FOR NON**

7:00 – 7:30 pm – Chapter Meeting

7:30 – 9:30 pm – Course

### **DESCRIPTION**

In today's diet culture it is hard to know what's healthy and what's not. It often seems like nutrition experts are constantly changing their recommendations and rarely express consensus. Every other week there is a new book or social influencer touting a new diet that will result in weight loss, optimal health, and longevity. Trying to keep up will leave your head spinning. This presentation will provide clarity around diet and health, and provide practitioners with recommendations and resources to better inform patient care and practice.

### **OBJECTIVES**

At the conclusion of this presentation, a participant should be able to:

- Describe the role of nutrition in prevention and treatment of chronic diseases, with an emphasis on obesity.
- Understand the complexity of weight management and obesity.
- Describe the components of an anti-inflammatory diet.
- Consider the socio-ecological model in health when working with patients to change behaviors.
- Access nutrition resources for further education and patients.

### **ABOUT THE SPEAKER**

Ashley Jarvis, MS, RDN, LD is a Registered Dietitian Nutritionist specializing in chronic disease management through diet and lifestyle changes. In 2020, Ashley moved from Washington, DC to her home state of North Carolina where she continues to see patients through private practice, and develop educational materials and courses. Ashley treats each patient as an individual and works with them to create specific, incremental, and achievable goals. She believes food is medicine and that diet should be a component in most, if not all, treatment programs.

Ashley completed her Dietetic Internship and Masters of Science in Nutrition at Meredith College and her Bachelor of Science in Biology and Nutrition at North Carolina State University. Ashley is also a classical Pilates Instructor and avid recipe developer

## CALL FOR NOMINATIONS

The following positions will be open for the 2022 election year.

**President-Elect (1 Position)** - This position is stated as President Elect and will serve one year as President-Elect, followed by two years as President. If the elected member is already in the position of President and wanting to serve a second term, they will serve as President for a three-year term, foregoing a year as President-Elect.

### Duties of the President:

1. Serve as official spokesman for the Chapter, with the exception of the Chapter delegation.
2. Preside at all meetings of the Board of Directors.
3. Call the scheduled Board meetings and any special Board meeting at the request of the majority of the Board.
4. Assume leadership of the Chapter activities and make every effort to develop the Chapter in accordance with policies of the Association.
5. Serve as a delegate to the House of Delegates of the Association.
6. Submit an annual written report to the Chapter.
7. Serve as an ex-officio member of the Finance Committee but does not vote.

### Secretary (1 Position) – Three Year Term

#### Duties of the Secretary:

1. Record and keep the minutes of the membership and Board of Directors meetings.
2. Provide for printing and distribution of the minutes of all meetings to all members of the Board and others as directed by the Board.
3. Assure maintenance of records, books, and papers belonging to the Chapter and of the Chapter's Bylaws, Charter, and Certificate of Incorporation.
4. Keep a copy of the Chapter annual reports on file.
5. Prepare and submit an annual report of Chapter activities to the Board of Directors of the Association and such other reports as may be requested by the date(s) specified.
6. Will submit minutes from membership meetings to the Association within 45 days of the meeting.

### Nominating Committee (3 Positions) – One Year Term

#### Duties of the Nominating Committee:

1. Solicits Chapter recommendations for candidates for APTA DC elected positions, task forces and committees.
2. Prepares a slate of candidates for elected positions.

### Membership Committee (2 Positions) – One Year Term

#### Duties of the Membership Committee:

1. Educates members and potential members on the benefits of APTA membership.
2. Engages members through social and networking events for PTs, PTAs, and students.
3. Develops events and activities to recruit new members and illustrates the benefits of belonging to APTA.
4. Develops events and activities to recognize members for Chapter and professional accomplishments.

## Calling All APTADC Members

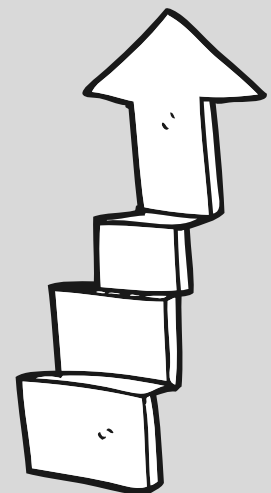
Please take this opportunity to nominate yourself, if you are interested in serving, or other members who would make good candidates for these positions. Please submit all nominations to [info@aptadc.org](mailto:info@aptadc.org).

If you have any questions, please contact an APTA DC Nominating Committee Member below or the APTA DC Executive Director at [info@aptadc.org](mailto:info@aptadc.org).

### Nominating Committee Members

- Jason Dring, PT, DPT  
[jdring@gwu.edu](mailto:jdring@gwu.edu)
- Michael Ashton, II, PT, DPT  
[michael.ashton2@gmail.com](mailto:michael.ashton2@gmail.com)
- Dhinu Jayaseelan, PT, DPT  
[dhinuj@gwu.edu](mailto:dhinuj@gwu.edu)

*Your Next Step*  
**TO LEADERSHIP**





# Advocacy Highlights

## Medicare Physician Fee Schedule Advocacy

The 2023 Medicare Physician Fee Schedule rule once again includes a significant payment reduction to a number of providers, including to outpatient physical therapy services. However, in welcome news for PTA supervision, CMS opens the door to potentially making direct supervision through virtual presence permanent. Finally, CMS calls for comments on potentially underutilized services that prevent downstream spending and improve patient outcomes – an excellent opportunity for PTs and PTAs to demonstrate their value. Expect the final rule by the end of October.

## Why It Matters

These cuts never made sense. During a pandemic, they're even more devastating. However, allowing PTAs to be supervised virtually will greatly increase their ability to access and treat patients. Similarly, CMS' ask for information on valuable preventive services means they are looking to reduce barriers and increase utilization of these types of care. We should be encouraging access to PTs and PTAs, who can aid in recovery from COVID-19, prevent falls, reduce opioid use, and help patients avoid costly procedures.

## Our Position

APTA strenuously opposes any attempt to reduce payment for physical therapy under Medicare, and will advocate to both CMS and Congress for temporary and permanent solutions to fee schedule cuts.

Further, while APTA will continue to advocate for supervision of PTAs to be changed to general supervision, permanent adoption of direct supervision through virtual presence would be a welcome step in the right direction.

APTA welcomes CMS' desire to improve access to services that prevent avoidable costs and complications and will advocate that physical therapy is perfectly situated to do just that.

## Stay Up to Date

APTA members can join the APTA Advocacy Network for free to receive action alerts on federal legislative issues, and more. [www.apta.org/advocacy/apta-advocacy-network](http://www.apta.org/advocacy/apta-advocacy-network)

## APTA-Supported Legislation Signed Into Law

Dr. Lorna Breen Health Care Providers Protection Act Signed into law in March, the Breen Act aims to reduce and prevent suicide, burnout, and mental and behavioral health conditions among health care professionals. The law helps promote mental and behavioral health among those working on the frontlines of the pandemic, supports suicide and burnout prevention training in health care professional training programs, and increases awareness and education about suicide and mental health among health care professionals.

## APTA-Supported Legislation in Process

### Stabilizing Medicare Access to Rehabilitation and Therapy Act (H.R. 5536)

Also known as the SMART Act, this bill seeks to address elements of a pay differential system that cuts payment under Medicare by 15% when services are delivered by physical therapist assistants or occupational therapy assistants. Among the APTA-supported elements in the legislation: establishment of an exemption to the differential for rural and underserved areas, and adoption of less-burdensome general PTA and OTA supervision requirements for outpatient therapy under Medicare Part B. The change in supervision requirements is estimated to save CMS as much as \$242 million over 10 years, according to a recent policy study co-sponsored by APTA. **Status:** Referred to House Energy & Commerce Committee

### Advancing Telehealth Beyond COVID-19 Act (H.R. 4040)

This bill would extend the Medicare telehealth waivers for PTs and PTAs until Dec. 31, 2024, regardless of the status of the public health emergency. That's good news for patients and providers, of course, but it's also a boost for telehealth supporters such as APTA, because it provides even more time to collect data on the use of telehealth and give policymakers more time to craft something permanent. **Status:** Passed House; awaiting Senate vote

### Lymphedema Treatment Act (H.R. 3630/S. 1315)

This bill, which would expand Medicare coverage of compression treatment items for beneficiaries with lymphedema, has passed out of the House Energy and Commerce Committee and is being readied for a full House vote. The House version has 356 co-sponsors; a companion Senate bill has 73 co-sponsors. You can check on the progress of the legislation at the Lymphedema Treatment Act website. **Status:** Passed out of House Energy & Commerce Committee; awaiting House vote





## Featured Physical Therapy Jobs

Physical Therapists and Physical Therapist Assistants in Maryland know they can rely on the APTA Maryland Career Center to find their next position. We have the top employers who are looking for qualified, local talent.

PTs and PTAs can access our free resources to assist you in your career path. Additionally, we send out two emails per month containing the latest jobs posted to our job board so you can let your next job come to you.

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## Dates and Deadlines

**Oct. 28-29**

Long COVID  
Rehabilitation:  
Multidisciplinary  
Care  
APTA Online Course

**November 1**

APTAMD Mentor  
Night: Clinical  
Affiliation  
Preparedness  
8:00 pm on Zoom

**November 10**

APTAMD  
DEI Committee  
Meeting  
7:30 pm on Zoom

**November 30**

APTA Payment &  
Regulatory  
Update Series  
2-3 p.m. ET  
Live Webinar

**November 30**

APTAMD Spring  
Meeting Call for  
Posters and  
Proposals  
Deadline

**Save the Date**

Combined Sections  
Meeting  
February 23-25, 2023  
San Diego, CA