Find A Licensed Physical Therapist Near You

www.findapt.us

Enter your zip code and hit search to find PTs in your area.

If you need a PT with a specific expertise, you also have the option of narrowing your search based on specialty areas such as sports physical therapy, pediatrics, oncology, women’s health, and more.

Additional Resources found at www.apta.org/consumer

- Brochures on specific conditions
- Interactive Health Centers
- Information on Insurance Coverage
- Research Highlights
- How to choose a PT

Physical Therapy

Your Choice Your Voice

AMERICAN PHYSICAL THERAPY ASSOCIATION

Content provided by the Virginia and Maryland "Chapters of the APTA. Permission must be obtained by APTA of Maryland for reprint.

The APTA of Maryland is a non-profit professional association representing physical therapists, physical therapist assistants, and students of physical therapy in Maryland. The APTA of Maryland is a chapter of the American Physical Therapy Association, a national organization representing more than 70,000 physical therapists, physical therapist assistants, and students of physical therapy.

APTA of Maryland, Inc
PO Box 3329
Crofton, MD 21114
Phone: 800-306-5596
Fax: 410-695-6127
E-mail: aptamd@aptamd.org

Move Forward.

Physical Therapy Brings Motion to Life
Your Choice

Your Voice

In today’s healthcare system, patients have choices about their care.

Did you know that you have the right to choose any physical therapy clinic or be seen by a licensed physical therapist (PT) of your preference?

Exercise that right by voicing your preference:

- If your physician refers you to a specific physical therapy clinic, you can still choose another facility or therapist.
- Your referral for PT can be accepted at any PT facility that you choose, depending on your insurance coverage.

Physical Therapists (PTs)

PTs are licensed health care professionals who:
- Diagnose and treat individuals of all ages.
- Work to enhance movement and your ability to accomplish daily activities.
- Examine and evaluate patients and plan therapy programs to improve movement, reduce pain, restore function, and prevent disability.

Physical Therapist Assistants (PTAs)

PTAs are licensed health care professionals who:
- Provide physical therapy services under the supervision and direction of a PT.
- Work to improve your ability to move and perform daily activities.

Direct Access to Physical Therapy in Maryland

- In 1979 Maryland obtained direct access legislation allowing patients to go directly to a licensed physical therapist without a physician referrals.

While state law allows direct access, some insurers may have additional requirements. To find out if your insurance company requires a referral for PT simply contact their customer service department.

- Direct access to a physical therapist will allow you to be treated earlier, resulting in a quicker recovery and return to your normal activities.

- Your physician of choice can still be actively involved in your care just as your physical therapist of choice.